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I Ching: Walking Your Path, Creating Your Future





Synopsis

I-Ching has been in continuous use for around 3,000 years. The Chinese Zhou people developed this Book of Changes. The I-Ching is an ancient Chinese oracle, a proven tool of divination that can help readers foresee the future. It is a complete guide to change: understanding it, moving with it, creating it. It describes change that is transformative and seasonal, global and personal, incremental and revolutionary. It tells stories of great historical change, and it sketches tiny vignettes of everyday lifeâ "marrying, surviving an illness, repairing a well. The beautifully designed pages of this book, along with its striking flexibound cover will appeal to the reference and gift markets. This manual includes all 64 hexagrams with key questions delineating the main themes, and step-by-step instructions on how to cast a hexagram, with three coins or with yarrow stalks or beads. The book also offers simple techniques for discovering the personal meaning of the answers you receive and suggests ways to carry your readings into daily life. This attractive, practical I Ching for divination pays homage to the original text while supporting the modern user with lucid explanations and guidelines for interpreting the oracle.

Book Information

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Customer Reviews

Let me begin by saying that I have known Hilary Barrett for going on eight years now, and this review will be slightly prejudiced in her favor; Not because I know she'll read the review but because her reputation precedes her publication. The book itself is an excellent quality book and gives the I Ching (Yijing) student a wonderful insight into the machinations of this ancient oracle.What

impressed me, was Hilary's ability to put into everyday English what Scholars from Ancient China and throughout time all over the world have debated and published and re-published for most of the History of Mankind. The 'Yi' is considered by most to be one of the oldest written 'anything' in the world. Surviving massive book burnings, political upheavals and just time itself, Ms. Barrett, like the original, has kept it short and to the point without compromising philosophical integrity, or mystical insight. In this day and age of mass media and marketing it's a pleasure to know that some still have the ability to convey to the reader the beauty of the work. I am sure the (In)spiration for much of her work was none other that the message of the work itself "talking to her' and for this I am grateful that one more generation may have the ability to understand that magical world of Oracles and the I Ching that have guided ordinary people and Emperors alike throughout the ages.

Not being a writer, it will be difficult to do this book proper justice; but here goes.... "I Ching; Walking Your Path, Creating Your Future" is easy to use and is full of wisdom, virtue and insight. If one is a beginner to the Oracle, you need this book. If you have already spent a few years communing with the I Ching, you really need this book to round out your understanding. This book is well organized and both sensible and comprehensible (something that can't be said about many of the interpretations of "I Ching"). The Introduction starts with "What Is the I Ching"; showing the basic structure and definitions of lines, trigrams and hexagrams and then continues with a straightforward approach to consulting the Oracle. Each Hexagram (chapter) is introduced with perceptive "Key Questions", In the "Oracle", classic imagery is followed by lucid commentary. The chapter continues with "Image"; a kind of contemplative impression of the Hexagram, followed by "Sequence" which shows the connection to the preceding Hexagram and its place in the procession of Hexagrams. Finally comes the "Changing Lines" with a wonderfully clear discussion on the "heart" of each Line. If this seems confusing to the Beginner, it won't be when you open the book. All this talk of "lucid" and "clear" and "insight" reminds me that the author, Hilary Barrett, has an I Ching website, "[...]", that is more than worth the time to check out. I've been an inspired follower of this website and Hilary Barrett for several years and have been eagerly awaiting this book. It's been well worth the wait.

The price I see on makes me feel like weeping- to think this book could be so undervalued. But if you are a person with an interest in buying a guide to the oracle, you are in so much luck. I have many books- translations, commentaries- on the I Ching but none of them really hold a candle to this one. I have had it since it came on the market..it is still and always my "go-to- guide" when I ask

the oracle a question and need help with interpretation. Hilary Barret's book has an extraordinary clarity and a distillation of the oracle's wisdom that I have yet to find anywhere else- nor do I need to, actually. I never fail to come away feeling wholly answered and even with a new insight...this is no small matter because I have been a student of the I Ching for 25 years and counting.I cannot recommend this book more highly.

Really lovely interpretations of this timeless classic. I own several versions of the I Ching and I like to start with this one because it is so clear and so nicely written. Often, Ms Barrett's interpretations are all I need to understand the hexagrams. A light touch, a piercing intelligence. What more could you ask? For seriously gnarly questions, you might continue with the Wilhelm or other lengthy (and ponderous) translation. But even then, this might be the translation that speaks to you most clearly and straightens out those gnarls. Glad I bought it.

Hilary Barrett's work is a wonderful addition to anyone's collection of the Book of Changes. She honors both the tradition and historical sense of the work and creates something fresh from it as well; it is a clear drawing from the source. I am glad I purchased it and recommend it without reservation.

The author has nicely updated the interpretation of the I Ching to fit today's phraseology and meaning. It is easy to understand and yet it has sophisticated insights. I am glad I bought it.

Don't confuse this with the Rave IChing which comes from Human Design. This is much more closely alligned with the original I Ching and a great product to have in my metaphysical arsenal in order to chat with my clients about who they are!

Having relied exclusively on the Wilhelm/Baynes translation for over 30 years, about a year ago I started looking for other translations that could help shed additional light on the I Ching's readings, because despite its brilliance, Wilhelm/Baynes is sometimes a little obtuse and sometimes a little patriarchal. I discovered and really like Jack Balkin's "Laws of Change", which helps with the obtuseness, and similarly, I discovered and really like Hillary Barrett's "Walking Your Path", which really helps with both actually. It's a gentle and always helpful additional angle at which to approach and understand the I Ching's advice, and I do recommend it, as a valuable supplement to anyone's efforts to understand this ancient Chinese text and to glean its wisdom for your benefit.

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